



Physical Agility Test Consent Form



The Pasadena Police Department administers a Physical Agility Test (PAT) during the application process. As with all physical assessments, risks are involved. The Pasadena Police Department recommends that you consult a physician before attempting the Physical Agility Test. The successful completion of the PAT will help determine the physical readiness of an applicant selected to the Pasadena Police Academy as he/she will be required to participate in an exercise program that may include progressive resistance training, flexibility exercises, muscular strength, endurance, and a cardiovascular program.

I acknowledge, agree, and represent that I understand the nature of the activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further agree and warrant that if, at any time, I believe the conditions to be unsafe, I will immediately discontinue further participation in the activity. I fully understand that these activities involve risks and dangers and agree to consult a physician before attempting.

Further, I have reviewed the PAT requirements at www.ppdcareer.com and understand that I must submit this form to the PPD Personnel and Training Division with my completed application and other required documents. I also understand that failure to meet the minimum academy graduation requirements could result in my removal from the Academy and the termination of my employment with the Pasadena Police Department.

Applicant's Name (Print): _____ Date: _____

Applicant's Signature: _____